

Guidelines on how every Muslim should spend his day and night.

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Everyone spends his life-span but a pertinent question is: who fulfills the right of living?

Animals bereft of wisdom and intelligence also pass their lives. However, a human being endowed with wisdom and intelligence spends a much more excellent and superior type of life. Similarly, a disbeliever also passes the days of his life wandering in the darkness of misguidance and deviation. However, his life is quite different from that of a Muslim who lives a secure, smooth life in accordance with the guidelines of divine revelation. The day and night of a disbeliever is spent in spiritual darkness whereas a Muslim spends his day and night in spiritual light. Hence, a pertinent question arises: how should every Muslim spend his day and night so that his life could easily be distinguished from that of a disbeliever?

Every Muslim should spend his day and night as follows:

1. Acquire knowledge of the Din according to your needs. You could acquire this knowledge either by reading a book or by asking the 'ulama.
2. Abstain from all sins.
3. If you commit any sin, repent immediately.
4. Do not hold back in fulfilling anyone's right. Do not cause anyone physical or verbal harm. Do not speak ill of anyone.
5. Do not have any love for wealth nor any desire for name or fame. Do not concern yourself with extravagant food and clothing.
6. If someone rebukes you for your mistake or error, do not try to justify your action. Admit your fault and repent.
7. Do not embark on a journey without any dire necessity. This is because many unconscious and unintended acts are committed while on a journey. Many good deeds are missed out, there is a shortcoming in the different forms of dhikr (remembrance of Allah), and you are unable to accomplish your tasks on time.
8. Do not laugh excessively nor talk excessively. You should take special precaution in not talking with ghayr mahrams (those with whom the observances of purdah is incumbent) in an informal way.
9. Do not go about repeating or mentioning an argument that may have taken place between two persons.
10. Always be mindful of the rules of the Shari'ah in everything you do.
11. Do not display laziness in executing any act of 'ibadah.
12. Try and spend most of your time in seclusion.
13. If you have to meet and converse with others, meet them with humility and do not display your greatness.
14. Associate very little with rulers and those who hold high positions.
15. Stay very far from the irreligious people.

16. Do not search for the faults of others. Do not have evil thoughts about anyone. Instead, look at your own faults and try to put them in order.
17. You should be very particular in offering your salaah in the proper manner, at the proper time and with great concentration.
18. Always occupy yourself in the remembrance of Allah either with your heart or tongue. Do not be neglectful in this regard at any time.
19. If you experience any satisfaction in taking the name of Allah and your heart feels happy over this, then express your gratitude to Allah.
20. Speak in a nice and humble way.
21. Set aside specific times for all your different tasks and abide strictly to these times.
22. Consider whatever regret, sorrow or loss you may experience to be from Allah. Do not be despondent. Instead, think that you will be rewarded for this.
23. Do not think about worldly matters, calculations, profits and losses, etc. all the time. Instead, think about Allah.
24. As far as possible, try to help and benefit others irrespective of whether it be in worldly affairs or Dini matters.
25. Do not eat and drink too little to the extent that you become weak and fall ill. Nor should you eat and drink too much to the extent that you feel lazy in carrying out the different acts of 'ibadah.
26. Do not have any desire or greed for anything from anyone except Allah. Do not allow your mind to wander towards any place thinking that you will be able to gain certain benefit or profit from there.
27. Be restless in your quest for Allah.
28. Be grateful for the favours that are bestowed upon you irrespective of whether they are plenty or few. Do not be depressed with poverty and destitution.
29. Overlook the faults and mistakes of those who are under your control.
30. If you learn of any fault of someone, conceal it. However, if the person plans to cause harm to someone else and you learn of it, then warn the other person beforehand.
31. Be in the services of guests, travelers, strangers, 'ulama, and the pious servants of Allah.
32. Choose the company of the pious.
33. Fear Allah all the time.
34. Remember death.
35. Set aside a certain time daily wherein you should think about all your actions for that day. When you remember any good action, express gratitude. When you remember any evil action, repent.
36. Don't ever speak a lie.
37. Don't attend gatherings that are contrary to the Shari'ah.

38. Live with bashfulness, modesty and fornearance.

39. Do not be conceited by thinking to yourself that "I have a such-and-such qualities in me"

40. Continue making du'a to Allah to keep you steadfast on the straight path.

Authentic Supplications of the Prophet (swt)

The Messenger of Allah ﷺ (swt) said: "Whoever says: Lā 'ilāha 'illā 'allāhu wahdahu lā shareeka lahu, lahulmulku wa lahul hamdu wa huwa 'alā kulli shay'in qadeerun

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

100 times would get the reward of manumitting ten slaves, one hundred good deeds would be written for him, one hundred sins would be remitted from him, it would be a shield for him from the Shaytan that day till night, and nobody would arrive with better than what he arrived with except for one that had done more than him."

The Prophet (swt) said: "Whoever says, Subhāna 'allāhi wa bihamdihi 100 times a day, will be forgiven all his sins even if they were like the foam of the Sea."

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

The Messenger of Allah ﷺ (swt) said: "There are two phrases which are light on the tongue, heavy in the balance, and beloved to the All Merciful; Subhāna 'allāhi wa bihamdihi, Subhāna 'allāhil-'atheemi."

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، سُبْحَانَ اللَّهِ الْعَظِيمِ

The Messenger of Allah ﷺ (swt) said: "The most beloved words to Allah ﷻ the Exalted are four, it harms you not with which you begin: Subhāna 'allāhi, wal-hamdu lil-lāhi wa lā 'ilāha 'illā 'allāhu, wa 'allāhu 'akbaru."

سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ

The Messenger of Allah ﷺ (swt) said: "Is one of you unable to gain 1,000 merits in a day?" One of those sitting with him then asked: "How can one of us gain 1,000 merits?" He said: "By making 100 tasbeehas, 1,000 merits would be written for him, or 1,000 demerits would be remitted from him."

Once someone came to Abu Dardah (ra) and told him his house was on fire. Without any concern, Abu Dardah (ra) replied that Allah ﷻ would not do that to him since he had recited this du'a in the morning and he heard Rasulallah saying that when someone recites this du'a in the morning no calamities will befall him, nor his wife and children, nor his property till evening. When Abu Dardah (ra) and the people went to investigate, all the house on Abu Dardah (ra)'s street were burned except for his own

Various Zikr/Azkaars

In the Name of Allah, The Most-Compassionate The Most-Merciful
Taken from 120 ways to earn rewards

1. Earn a thousand good deeds in Minutes

Prophet Muhammad (Peace be upon him) said: "Is anyone of you incapable of earning one thousand Hasanah (rewards) a day?" Someone from the gathering asked, "How can anyone of us earn a thousand Hasanah?" Prophet Muhammad (Peace be upon him) said: "Glorify Allah a hundred times by just saying "Subhanallah" (Glory be to Allah) and a 1000 Good deeds will be written for you, or a thousand sins will be wiped away." (Muslim 4:2073)

Supplication after prayer: the Prophet SAW said:

"Allah will forgive the sins, even if they were as much as the foam of the sea, for anyone who exalt Allah 33 times saying 'Subhaanallaah', praises him 33 times 'Al-Hamdulillah', and glorifies him 33 times 'Allaahu Akbar', and then completes the supplication to be one hundred by saying: 'None has the right to be worshipped except Allah alone without partner. To Him belong sovereignty and praise, and He is over all things Omnipotent.' " (Muslim)

2. One of the Rare Treasures of Paradise

Hadhrat Abu Dharr [Ra] narrated that Rasulallah [Saw] said: "Should I not tell you of one treasure of the unlimited treasures of Paradise?" I replied spontaneously "Oh Rasulallah (Peace be upon him) that would be an honour indeed!" Rasulallah (Saw) said: "That rare treasure is LA HAWLA WA LA QUWWATA ILLA BILLAH." (There is no Might or Power except with Allah) ("The strength to do good and to refrain from evil comes from the grace and mercy of Allah!") -(Ibn Majah)

Hadrat Abu Dharr al-Ghifari (may Allah be pleased with him) narrates that "my beloved friend" (the Holy Prophet Muhammad, may Allah's blessings and peace be upon him) has enjoined five things upon me. He has commanded me to love and be close to the poor and the downtrodden, and he has commanded me to look at those in the world who are of lower rank than me, and not at those who are of higher rank, and he has commanded me to be kind to the kinsman and to preserve and keep intact the bond of kinship, and he has commanded me not to ask for anything from anyone as a favour and he has commanded me to speak the truth at all times though it may be bitter for others, and he has commanded me to care nothing for the rebuke of those who revile and villify in the path of Allah, and he has commanded me to recite much the Kalima of: Laa Hawla wa laa Qawwata Illaa Billah (there is no power or strength but in Allah) because all these things are from the treasure-house (of Allah) which is under the ninth heaven. (Ahmad)

3. A Date Palm planted in Paradise for the one who Recites this

Hadhrat Jaa'bir [Ra] narrated that Rasulallah(Peace be upon him) said: "For the person who recites SUB-HAN'ALLAH HIL AZEEM WA BI-HAM'DIHI, [Pure and perfect is Allah in his glory and praise] (Glory be to Allah, The Supreme, and Praise Him), - A date palm will be planted for him in Paradise" (Tirmidhi)

Another Narration says:

4. Forgiveness for Sins Even Though they are like the Foam of the Sea:

Narrated Abu Huraira: Allah's Apostle said, "Whoever says, 'Subhan Allaahi Wa bihamdihi, {Allah is free from imperfection and His is the praise}. One hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea. (Bukhari, Book #75, Hadith #414) (this refers to minor sins only. Major sins have to be repented for)

5. We Can Earn Over a BILLION Rewards in Just a Few Seconds!

Narrated 'Ubaadah that the Messenger of Allah said, "Whoever seeks forgiveness for the believing men and believing women, Allah will write for him a good deed for each believing man and believing woman." (Tabarrani)

6. That Which Shall Have no Equal on the Day of Resurrection:

Narrated Abu Huraira:Allah's Apostle said, "Whoever says one hundred times in a day:

"Laa ilaaha illallaah wahdahuu laa shareeka lahu, lahu-l-mulk wa lahu-l-hamd wa huwa 'alaa kulli shai'in qadeer,"

("None has the right to be worshipped but Allah, the Alone Who has no partners, to Him belongs Dominion and to Him belong all the Praises, and He has power over all things (i.e. Omnipotent"),}

he will get the same reward as given for manumitting ten slaves; and one hundred good deeds will be written in his accounts, and one hundred sins will be deducted from his accounts, and it (his saying) will be a shield for him from Satan on that day till night, and nobody will be able to do a better deed except the one who does more than he." (Bukhari, Book #75, Hadith #412)

7. Four Phrases that are Heavier on the Scales than an Entire Morning of Dhikrullah (Remembrance of Allah):

The Mother of the Believers, Juwairiyah bint Al-Harith reported that the Prophet came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the forenoon and found me sitting there. The Prophet said, "Are you still in the same position as I left you." I replied in the affirmative. Thereupon the Prophet said, "I recited four phrases three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are:

Subhan-Allah Wa bihamdihi, 'adada khalqihi, wa rida-a nafihi, wa zinatah 'arshihi, wa midada kalimatihi

(Allah is free from imperfection and I begin with His praise, as many times as the number of His creatures, in accordance with His Good Pleasure, equal to the ink that may be used in recording the words (for His Praise)." (Muslim)

8. A Phrase that Comes with Rewards in the MILLIONS:

On the authority of Abdullah ibn 'Umar that the Prophet said: "Whoever enters a market and says:

'Laa ilaaha ill Allah Wahdahu laa shareeka lah, lahul Mulku Wa lahul Hamdu yuhyi Wa yumeetu Wa huwa Hayyun laa yamoot, bi yadihil khayr, wahuwa 'alaa kulli shay' in qadeer'

{There is nothing worthy of worship but Allah, He is alone without partner, to Him belongs the dominion and the praise, he causes life and death and He is the Living One and will never die. In His Hand is all good, and He is over all things capable.)

Allah will write for him a million good deeds erase a million of his bad deeds and build for him a house in Jannah."

And in another narration, instead of mentioning that Allah will build a house in Jannah, it states, "and he will be raised one million levels." (Tirmidhi).

9. Reciting Tasbeeh, (Subhanballah), Tahmeed (Alhamdolillah) and Takbeer Allahu Akbar), and enjoining what is Good and forbidding what is evil, and praying Salaatul Duha (Breakfast prayer),

It was narrated from Abu Dharr that the Prophet (peace and blessings of Allaah be upon him) said: "For every bone of the son of Adam a charity must be given each day. Every Tasbeegah (saying Subhaan Allah -Glory be to Allah) is a charity, every Tahmeedah (saying Al-hamdu Lillaah -praise be to Allah) is a charity, every tahleelah (saying Laa ilaaha ill-Allah -There is no god but Allah) is a charity, every takbeerah (saying Allaahu akbar -Allah is Most Great) is a charity, enjoining what is good is a charity, forbidding what is evil is a charity, and two Rak'ahs (Nafil) offered in the mid-morning (Duha) is sufficient." (Muslim, 720)

10. The Virtues of Reciting Tasbih at-I-Fatima

A well-known Tradition of the Prophet (Peace be upon him) has it that the Prophet's beloved daughter (and Hazrat Ali's (Ra) wife), Hazrat Fatima (Ra), used to perform all the domestic duties with her own hands. She had even to draw water from the well and to carry it home and to grind the corn in the millstone. One day she begged the holy Prophet (Peace be upon him) to provide her with a domestic servant upon which the Prophet (Peace be upon him) observed, "I will tell you of something that will serve you better than a domestic servant. Recite Subhaa-nallaah 33 times, Alhamdu lillaah 33 times, and Allahu Akbar 34 times after each Salaah and on retiring to bed. This will be of greater value to you than a servant."

Another Tradition says, "Whoever will recite after each Salaah 33 times Subhaa-nallaah, 33 times Alhamdu lillaah, and 34 times Allahu Akbar, and, at the end of it, the Kalima of 'Laa ilaaha illal laahu wahdahu laa sharika lahu lahu mulku wa-lahu hamdu wa huwa alaa kulli shay-in qadeer'. (There is no Allah but one Allah. He is alone. No partner hath. He Him belongs sovereignty and unto Him belongs Praise and He is all-Powerful) all his sins will be forgiven even if they be as profuse as the foam of the sea."

11. How to Erase 2500 Sins in 5 minutes!

Abd-Allaah ibn 'Amr (may Allah be pleased with him) who said: "The Messenger of Allah (peace be upon him) said: 'There are two qualities, no Muslim man acquires them but he will enter Paradise, and they are simple and easy. He should glorify Allah (say Subhaan Allah) ten times immediately after each prayer, and praise Him (say Al-hamdu Lillaah) ten times and magnify Him (say Allaahu Akbar) ten times.'

I saw the Messenger of Allah (peace and blessings of Allah be upon him) counting this on his fingers. He said: 'That makes one hundred and fifty on the tongue and one thousand five hundred (hasanaat) in the scales.

[Translator's note: each of three phrases repeated ten times makes thirty; multiplied by the number of daily prayers, which is five, makes one hundred and fifty. Each of these good deeds of the tongue will be rewarded with ten hasanaat which will be added to the total of good deeds to be weighed in the balance or scales on the Day of Judgement].

12. Glorifying Allah 100 times when one goes to bed

When you go to bed, glorify Him and praise Him and magnify Him One hundred times: that will be one hundred on the tongue and a thousand in the scales.

Who among you does 2,500 bad deeds in one day?' They said: 'How could we not count (our sins)?' He said: 'The Shaytaan comes to any one of you whilst he is praying and says, Remember this, remember that, until he finishes his prayer and does not do (this dhikr), or he comes to him when he is lying down and makes him sleepy, until he falls asleep (without doing this dhikr).'" (Sunan al-Tirmidhi, 3332).

13. Earning a 1000 good deeds and wiping away a 1000 bad deeds in Minutes

If a person says "Subhanallah" (glory be to Allah) 100 times, a thousand good deeds are recorded for him and a thousand bad deeds are wiped away. (Muslim)

14. Jannat becomes obligatory for the one who Recites the following

Abu Sa'id (Ra) said that Rasullallah (Peace be upon him) said, "Whoever says: Radeetu billahi rabban, Wa bil-Islaami deenan, Wa bi-Muhammadin rasoolan Jannah becomes obligatory for him (to enter). (Abu-Dawud)
- Best said in Morning and Evening with "Nabiyan wa rasoolan"

15. The Virtues of Reciting the First Kalimah

The declaration of belief in the oneness of Allah or kalimah tayyibah

Laa ilaaha ill-Allah
(There is no worthy of worship except Allah)

Hadrat Zaid bin 'Arqam (Allah be pleased with him) narrated that the Messenger of Allah (peace be upon him) said: "Whoever says Laa ilaaha illal-laah...sincerely will enter the Paradise."

It was said: And what is the [sign of] sincerity? He said: "That this kalimah stops him from those things which Allah has forbidden." (Tabaraani in Awsat-ul-Kabeer)

"Do you not see how Allah puts forth the likeness of a good word (kalimah tayyibah)? It is like a good tree, whose root is firmly fixed and whose branches reach to the sky. It brings forth its fruit in all seasons by the command of its Lord. And Allah sets forth parables for men, so that they may take heed. And the likeness of an evil word (kalimah khabeetha- a word of shirk) is like an evil tree, which is uprooted from the face of the earth, and has no stability." (Qur'an: 24-26)

16. Virtues of Reciting the Third Kalimah:

The word of glorification or the Kalima-e-Tamjeed

Subhāna-Ilāhi, wa-l-hamdu li-Ilāhi, Wa lā ilāha illā-Ilāhu, wa-Ilāhu akbar. Wa lā hawla Wa lā quwwata illā bi-Ilāhi-l-'aliyyi-l-'azīm

(Glory be to Allah. And praise be to Allah. And there is no god except Allah. And Allah is the Greatest. And there is no power and no strength except with Allah, the Most High, And Most Great)

Ibn Mas'ood (Allah be pleased with him) narrated that the Messenger of Allah (peace be upon him) said: "When I met Prophet Ibrahim (peace be upon him) in the night of Mi'raaj (Night of ascension) he asked me to convey his Salaam to my Ummah and to tell them that the Paradise has a fertile soil and sweet water, and is like a vast field. And its plants are [the words above]."

Another version says: "Whoever recites the words above, a tree in Paradise is planted for him for each word he says." (Virtues of Dhikr; Tirmidhi)

17. Virtues of reading the Fourth Kalimah:

The word of Oneness of Allah or the Kalima-e-Tawhid:

Lā ilāha illā-Ilāhu waḥdahu lā sharīka lahu lahu-l-mulku Wa lahu-l-hamdu yuḥyi Wa yumītu Wa huwa ḥayyu-Ilā yamūtu abadan abada, dū-l-jalāli wa-l-ikrām, biyadihi-l-khayr, wa huwa 'alā kulli Shay'in qadīr.

(There is no god except Allah, Who is Alone and has no partners. For Him is the Dominion and for Him is all praise. He gives life and causes death. And He is living and will never ever die. Owner of Majesty and Honour: In His Hands is all goodness. And He has power over all things)

Abu Hurairah (Allah be pleased with him) reports that the Messenger of Allah (peace be upon him) said: "A person who recites: Laa ilaaha illal-laahu wahdahu laa shareeka lahu, lahu-l-mulku wa lahu-l-hamdu wa huwa 'alaa kulli shay-in qadeer, a hundred times daily will have reward equal to that of freeing ten slaves and one hundred good deeds will be written for him, and one hundred of his sins will be lifted from him, and for the whole day, he will remain immune from the Shaytaan until the evening, and on the Day of Judgment, no one will exceed him in merit except one who has done [these phrases] more." (Agreed Upon)

18. Virtues of Reciting AYAT UL KURSI after Salaat

Rasulallah (peace be upon him) said: "Whoever recites Aayatul Kursi after every Fard (Fard Salat). Only death is keeping him/her from entering Jannah. (As soon as he/she dies, will enter Jannah) (Nisa'i, Ibne Habban, Ibnelsani A'n Abi Amatah

Albahili Radiallah Anhu)

Another Hadith states that Reciting Ayatul Kursi after one Fard (Fard Salat) will cause a person to stay in Allah's protection until the next Salat. (Tibrani Fil Kabeer)

19. Recite Ayatul Kursi for protection

Imam Bihaqi (Ra) States: The one who recites Ayatul Kursi before falling asleep, Allah gives protection to his/her home and his/her Family.

(Marqat Sharah Mishkaat, Mulla Ali Qaderi, vol. 2 pp. 583)

In another Hadith the Jinn and Shaithaan do not come close to the house in which Ayatul Kursi is recited. (Tirmizi Altargheeb Wal Tarheeb Lilmanzari vol.2 pp.631)

20. Recite Ayatul Kursi for blessing in one's food

Hadrat A'isha Radiallah Anha states that a person arrived in the court of Rasulallah (peace be upon him) and complained that there is no Barakat (Blessings) in anything in his home. Rasulallah (peace be upon him) said, "You do not recite Ayatul Kursi, whichever Food and Curry you will recite Ayatul Kursi on, Allah will give Blessings on that Food and Curry. (Tafseer Dar Manshoor vol. 1 pp. 323)

21. Praying Fajr then worship until after Sunrise (15-20 min after sunrise)

"Whoever prays Fajr Salaat in congregation, then sits remembering Allah until sunrise, then prays 2 Rakats of Salat has a complete reward of Hajj and Umrah. (the Prophet (Peace be upon him) repeated the word 'complete' 3 times for emphasis) (Tirmidhi)

22. Reward for Reciting each letter of Holy Qur'aan.

It was narrated that 'Abd-Allaah ibn Mas'ood said: The Messenger of Allah (peace and blessings of Allah be upon him) said: "Whoever reads a letter of the Book of Allah will be credited with a good deed, and a good deed gets a tenfold reward. I do not say that Alif-Laam-Meem is a letter, rather alif is a letter, laam is a letter and meem is a letter." (Narrated by al-Tirmidhi, 2910)

23. Surah Fathiha The Mother of the Qur'an and a cure for every disease

Abu Sulaiman says that once a group of Companions were in an expedition (ghazwa) when they happened to come across an epileptic person, who was unconscious. One of the Companions recited Surah Al-Fatiha and blew in his ear. The epileptic person immediately cured. When Sayyidana Muhammad (Peace be upon him) was informed of this, he said: "It (Surah Al-Fathiha) is "The Mother of the Qur'an" (Umm al-Qur'an) and is a cure for every disease."

[This narration has been recorded by Ath-Thua'ibi from Abu Sulaiman, who narrated it from Muawiya bin Saleh (RA), Tafseer Mazhari 1:31]

24. Surah Mulk which protects one from the Torment of the Grave

It was narrated that Abdullah ibn Mas'ud said: Whoever reads Tabarakallahi Biyadihil Mulk [i.e. Surah al-Mulk] every night, Allah will protect him from the torment of the grave. At the time of the Messenger of Allah (Peace be upon him) we used to call it al-mani'ah (that which protects). In the Book of Allah it is a surah which, whoever recites it every night has done very well. (an-Nasa'i)

25. Surah Zilzalah worth half of the Qur'an

Abdullah Ibn 'Abbas and Anas Ibn Malik (Ra) reported that the Prophet (Peace be upon him) said, 'Whoever recited Surah Zilzilah (99) would get the reward of reciting half the Qur'an. Whoever recited Surah al Kaafirun (109) would get a reward as if reading a quarter of the Qur'an. Whoever recited Surah al Ikhlas (112) would get a reward as if reading one third of the Qur'an'. (At-Tirmidhi 2818/A)

26. Surah Ikhlas worth a third of the Qur'an

Abu Sa'id al-Khudri (RA) reported that the Messenger of Allah (Peace be upon him) said to his Companions, "Are any of you unable to recite a third of the Qur'an in a night?" That was difficult for them and they said, "Which of us is able to do that, Messenger of Allah?" He said, "[The surah] 'Say: He is Allah, Absolute Oneness, Allah, the Everlasting Sustainer of all' (112) constitutes a third of the Qur'an.'" (Sahih al-Bukhari 6:61 #534, Riyad as-Salihin by Imam an-Nawawi Ch.183 #1010)

27. Surah Ikhlas recited 200 times daily gets forgiveness of 50 years of sin

Anas (RA) reported the Prophet (Peace be upon him) as saying, "If anyone recites two hundred times daily, Qul huwallahu ahad the sins of fifty years will be wiped out, unless he is in debt." (At-Tirmidhi and Darimi).

The latter version has 'fifty times' and he did not mention 'unless he is in debt'

28. Surah al Falaq and An Naas protection from Jinn and evil eye

The Prophet (Peace be upon him) used to seek refuge from the jinn as well as from the evil eye until Surah al Falaq and An Naas were revealed. When they were sent down, he utilised them and left other things. [At-Tirmidhi #1984, Riyad as-Salihin by Imam an-Nawawi Ch.183 #1014]

4. It is reported from 'Uqbah Ibn 'Amir Al-Juhani (RA) that he said that Allah's Messenger (SAW) said: "Recite the last two verses from Surat Al-Baqarah, for I was given them from a treasure trove beneath the Throne" (Ahmad)

29. Good manners are the Heaviest on the good deed scales

Abu Darda (May Allah be pleased with him) reported: The Prophet (Peace be upon him) said, "Nothing will be heavier on the Day of Resurrection in the Scale of the believer than good manners. Allah hates one who utters foul or coarse language."

30. We will regret the Seconds we wasted without remembering Allah

Hadhrat Mu'az [RA] narrated Rasulallah (Peace be upon him) said: "The Inhabitants of Paradise will not be grief stricken or sorrowful about anything they did in the life of the world except for the time they spent without being in the remembrance of Allah" (Tabaraani)

31. Do Dhikr of Allah even if it's on Comfortable beds

Hadhrat Abu Saeed Khudri (Ra) narrates that Rasulullah (Peace be upon him) said:

"There are many people reclining on comfortable beds and making the Dhikr of Allah on earth. Allah will grant them elevated ranks (in the Akhirah)." (Ibn Habbaan)

Those indulging in luxury should not abstain from Dhikrullah. They too should be constantly engaged in the remembrance of Allah whilst enjoying the comforts of the bounties which Allah has bestowed on them and Allah will give them elevated ranks in the hereafter.

32. Do so much Dhikr that people think you are mad

Hadhrat Abu Saeed Khurdi (Ra) also narrates that Rasulullah (Peace be upon him) said:

“Engage in the Dhikr of Allah in such abundance that people comment that ‘you are insane’.” (Ahmed, Abu Ya’la, Ibn Habbaan)

33. Remember Allah in the places where people don’t usually remember Allah

It is mentioned in hadith that in a place where people are oblivious to dhikr, remembrance of Allah is like being steadfast in jihad, when others are running away. (Targhib, p. 193, vol. 3 ref. Bazar and Tibrani)

34. Always thank Allah for EVERYTHING

A’ishah (may Allah be pleased with her) said, I asked, “Messenger of Allah, why do you exert yourself so much while all your sins have been forgiven?” To this he replied, “‘A’ishah, should I not be a grateful servant of Allah?” (Muslim).

Anas bin Malik (May Allah be pleased with him) reported: The Messenger of Allah (PBUH) said, “Allah is pleased with His slave who says: ‘Al-hamdu lillah (praise be to Allah)’ when he takes a morsel of food and drinks a draught of water.” (Muslim)

35. Praising Allah upon Sneezing and its Response

Abu Hurairah has related a Prophetic saying: "Allah likes sneezing and dislikes yawning. When anyone of you sneezes he should say “Alhamdulillah” and the hearer thereof should respond “Yar hamakullah” as it is a right of the one who sneezes." (Sahih Bukhari).

36. Allah will increase us the more thankful we are to him

- Allah likes those who are thankful [39:7]
- Allah rewards those who are thankful [3:144]
- Allah gives more benefits and blessings to those who are thankful [14:7]
- Allah protects those from harm who render Him thankfulness [54:34-35]

37. Dua to make in every dua to become of the appreciative

Allahumma a-inni ala Zikrika wa shukrika wa husni ibadatik
(O Allah! Help me to remember you, to thank you, and to worship you in the best of manners)

38. Sending Daruud and Peace on the blessed Prophet (Peace be upon him)

The Holy Prophet as saying that "One sent by my Sustainer came to me and told me that 'Whoever from your ummah sends darud on you once ten good deeds are recorded on his behalf, his ten (minor) sins are pardoned and he is elevated by ten stages" (Sunan Nisai and Musnad Ahmed, Al-targhib li al Mundhari, P.157 volume 3)

And Anas (RA) a companion, has said that the eternally blessed Prophet said that "When my name is mentioned before anyone it is incumbent upon him to, send darud on me, and whosoever sends darud once, Allah sends His Mercy on him ten times (ibid.)

The best Darud is that which we read in our Salah and the shortest is to say "Salallahu Alaihi Wasallim"

A collection of various dhikrs from the Sunnah

In the Name of Allah, The Most-Compassionate The Most-Merciful

Credit goes to whoever wrote this -As Posted On: Another Muslim Website – For Reasons Of Anonymity the poster has not divulged

سُبْحَانَ اللَّهِ

SubhanAllah (Glory be to Allah)

Whoever says (the above) one Hundred times, a thousand good deeds are recorded for him or a thousand bad deeds are wiped away

[Muslim; 4:2073]

سُبْحَانَ اللَّهِ وَ بِحَمْدِهِ

SubhanAllahi wa biHamdihi (Glory be to Allah and I Praise Him)

Whoever says (the above) at morning and evening time, one hundred times, none shall come on the Day of Resurrection with anything better except someone who has said the same or more [Muslim; 4:42071]

Whoever says (the above) a hundred times during the day, his sins are wiped away, even if they are like the foam of the sea [Sahih al-Bukhari; 7:168, Muslim; 4:2071]

سُبْحَانَ اللَّهِ وَ بِحَمْدِهِ

SubhanAllahi wa biHamdihi (Glory be to Allah and I Praise Him)

Abu Dharr reported that the Prophet (SAW) said, “Shall I tell you the words that Allah loves the most?” I said: “Yes, tell me, O Messenger of Allah.” He said: “The words dearest to Allah are: subhanAllah wa bihamdihi [Muslim and at-Tirmidhi]

سُبْحَانَ اللَّهِ الْعَظِيمِ وَ بِحَمْدِهِ

SubhanAllahil adheem wa biHamdihi (Glory be to Allah, The Supreme, and I Praise Him)

Whoever says (the above) a palm tree is planted for him in Paradise [at-Tirmidhi; 5:511, al-Hakim]

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، سُبْحَانَ اللَّهِ الْعَظِيمِ

SubhanAllahi wa biHamdihi, SubhanAllahil adheem (Glory be to Allah, and Praise, Glory be to Allah, the Supreme)

Muhammad (SAW) said: “Two words are light on the tongue, weigh heavily in the balance, they are loved by the Most Merciful One”

[Sahih al-Bukhari; 7:67, Muslim; 4:2071]

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

La Hawla wa la Quwatta illa Billah (There is no Might or Power except with Allah)

This is mentioned in a hadith as “a treasure from the treasures of Paradise” [Sahih al-Bukhari; al-Fath al-Bari; 11:213, Muslim; 4:2076]

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَلَا إِلَهَ إِلَّا اللَّهُ ، وَ اللَّهُ أَكْبَرُ

SubhanAllah, walHamdulillah, wa La illaha ilAllahu, waAllahu Akbar (Glory be to Allah, All Praise is for Allah, There is No God but Allah, Allah is the Greatest)

The above are mentioned as the four most beloved words to Allah. It doesnt matter which of them is begun with [Muslim; 3:1685]

Abu Saiid reported that the Prophet (SAW) said, “Perform the enduring goods deeds (al-baqiyat al-salihat) more frequently.” They asked, “What are these enduring good deeds?” The Prophet replied: Takbir [Allahu Akbar], Tahlil [la ilaha illallah], Tasbih [Subhan'Allah], alhamdu lillah, and la hawla wa la quwwata illa billah. [an-Nasa'i and Hakim, who said its chain is sahih]

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَلَا إِلَهَ إِلَّا اللَّهُ ، وَ اللَّهُ أَكْبَرُ

SubhanAllah, walHamdulillah, wa La illaha ilAllahu, waAllahu Akbar (Glory be to Allah, All Praise is for Allah, There is No God but Allah, Allah is the Greatest)

Muhammad (SAW) said: ‘For me to say (the above) is dearer to me and all that the sun rises upon (ie the whole world) [Muslim; 4:2072]

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَلَا إِلَهَ إِلَّا اللَّهُ ، وَ اللَّهُ أَكْبَرُ ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

SubhanAllah, walHamdulillah, wa La illaha ilAllahu, waAllahu Akbar, wa la Hawla wa la quwwata illa billah (Glory be to Allah, All Praise is for Allah, There is No God but Allah, Allah is the Greatest, There is no might or any power Except with Allah)

The good deeds which endure are (the above)

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَ لَا إِلَهَ إِلَّا اللَّهُ ، وَ اللَّهُ أَكْبَرُ ، وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ

SubhanAllah, walHamdulilah, wa La illaha ilAllahu, waAllahu Akbar, wa la Hawla wa la quwwata illa billah (Glory be to Allah, All Praise is for Allah, There is No God but Allah, Allah is the Greatest, There is no might or any power Except with Allah)

AbdAllah ibn Mas'ud reported that the Prophet said: "During the Night Journey I met Ibrahim (AS) who said to me: O Muhammad, convey my greetings to your Community, and tell them that the Paradise is of pure land, its water is sweet, and its expanse is vast, spacious and even. And its seedlings are SubhanAllah, walhamdulilah, wa la ilaha ilAllah, waAllahu Akbar (the above)

[at-Tirmidhi and Tabarani whose version adds: "There is no power nor strength save through Allah"]

الْحَمْدُ لِلَّهِ

Alhamdulilah (All Praise is for Allah)

Verily the best supplication is (above). [Muslim; 4:2073]

لَا إِلَهَ إِلَّا اللَّهُ

La illaha ilAllah(u)(There is No God But Allah)

- The best form of remembrance is (above). [Muslim; 4:2073]

- Abu Huraira (RA) reported that the Prophet (SAW) said:

"When a servant of Allah utters the words la ilaha illallah (there is no God except Allah) sincerely, the doors of heaven open up for these words until they reach the Throne of Allah, so long as its utterer keeps away from the major sins.

[at-Tirmidhi, who says it is hasan gharib. al-Mundhiri included in al-Targhib 2:414]

- Abu Huraira (RA) reported that the Prophet (SAW) said, "Renew your faith." "How can we renew our faith?" they asked. The Prophet replied: "Say always: la ilaha illallah." [Ahmad with a fair chain of authorities]

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La illaha ilAllahu, waHdahu la shareeka lahu, lahul Mulku, wa lahul Hamd, wa Huwa ala kulli shaiy'in Qadeer (There is No God But Allah Alone, who has no partner. His is the dominion and His is the raise, and He is Able to do all things)

- whoever says the above ten times, will have the reward for freeing four slaves from the Children of Isma'il (AS) [Sahih al-Bukhari; 7:67, Muslim; 4:2071]

- whoever says the above one Hundred times, has the reward of freeing ten slaves, a hundred good deeds are recorded for him and a hundred bad deeds are wiped away and he has gained refuge from the devil that day until

evening and none shall come with anything better except someone who has done more. [Sahih al-Bukhari; 4:95, Muslim; 4:2071]

لَا إِلَهَ إِلَّا اللَّهُ وَاحِدًا أَحَدًا صَمَدًا لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

La illaha ilAllahu, Wahidda(n), Ahada(n), Samada(n), lam yatakhidh sahiba(n). Wa la walada, wa la yak(n)ul-lahu kufuwan Ahad (There is no God except Allah, the One and Only, the Eternal, Who has not taken a partner nor a son. And there is none like unto Him)

Whoever says the words above ten times, then 40,000 (forty thousand) good deeds will be recorded for him [Ahmad]

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

Astaghfirullah al-'Adheemal-ladhi la ilaha illa Huwal-Hayyul-Qayyum wa atubu ilai (I seek the forgiveness of Allah the Mighty, Whom there is none worthy except Him, the Living, The Eternal, and I repent unto Him) Whoever says the above words, Allah will forgive him even if he deserted the army's ranks

[Abu Dawud 2/85, at-Tirmithi 5/569, Al-Hakim who declared it authentic and ath-Thahabi agreed with him 1/511]

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَ أَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana abduka, wa ana 'ala ahdika wa wa'dika mastata'tu, A'udhu bika min Sharri ma sana'tu, abu'u Laka bini'matika 'alaiya, wa Abu Laka bidhanbi faghfirli innahu la yaghfiru adhdhunuba illa anta

(O Allah! You are my Lord! None has the right to be worshipped but You. You created me and I am Your slave, and I am faithful to my covenant and my promise as much as I can. I seek refuge with You from all the evil I have done. I acknowledge before You all the blessings You have bestowed upon me, and I confess to You all my sins. So I entreat You to forgive my sins, for nobody can forgive sins except You.)

The above du'a is known as the Sayyid al-Istighfar and is the most superior way of asking for forgiveness from Allah.

Whoever says it during the day with firm faith in it, and dies on the same day before the evening, he will be from the people of Paradise; and if somebody recites it at night with firm faith in it, and dies before the morning, he will be from the people of Paradise.

[Sahih al-Bukhari 8, 75 #318]

If someone implements ten verses of the Qur'an, He/She will not be considerate amongst the negligent on the Day of Judgment [Abu Dawud, Ibn Hibban - sahih]

If someone implements one hundred verses of the Qur'an, He/She will be considered among the obedient on the Day of Judgment. [Abu Dawud, Ibn Hibban - sahih]

If someone implements one thousand verses of the Qur'an, He/She will be amongst the extremely rich on the Day of Judgement. [Abu Dawud, Ibn Hibban - sahih]

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Verses & Invocations of Morning & Evening...

Remembrance after salaam In Salah

(i)
أَسْتَغْفِرُ اللَّهَ. (ثلاثاً)

(ii)

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

(i)

'I ask Allah for forgiveness.' (three times)

(ii)

'O Allah, You are *As-Salaam* and from You is all peace, blessed are You, O Possessor of majesty and honour.'

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ، اللَّهُمَّ لَا مَانِعَ لِمَا
أَعْطَيْتَ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ، وَلَا
يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ.

'None has

the right to be worshipped except Allah, alone without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. O Allah, none can prevent what You have willed to bestow and none can bestow what You have willed to prevent, and no wealth or majesty can benefit anyone, as from You is all wealth and majesty.'

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْماً نَافِعاً وَرِزْقاً
طَيِّباً، وَعَمَلاً مُتَقَبَّلاً. (بعد السلام من
صلاة الفجر)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا
بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا
إِيَّاهُ، لَهُ النُّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الشَّاءُ
الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ
الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ.

'O Allah, I ask You for knowledge which is beneficial and sustenance which is good, and deeds which are acceptable.' (To be said after giving salaam for the fajr prayer)

'None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. There is no might nor power except with Allah, none has the right to be worshipped except Allah and we worship none except Him. For Him is all favour, grace, and glorious praise. None has the right to be worshipped except Allah and we are sincere in faith and devotion to Him although the disbelievers detest it.'

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَاللَّهُ
أَكْبَرُ. (ثلاثا و ثلاثين)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ.

‘How perfect Allaah is, all praise is for Allaah, and Allaah is the greatest.’ (thirty-three times)

‘None has the right to be worshipped except Allaah, lone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent.’

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. (عشر مرات
بعد المغرب و الصبح)

‘None has the right to be worshipped except Allaah, alone, without partner, to Him belongs all sovereignty and praise, He give life and causes death and He is over all things omnipotent.’ (ten times after the maghrib and fajr prayers)

Remembrance said in the morning and evening

(i)

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي
هَذِهِ اللَّيْلَةِ، وَخَيْرَ مَا بَعْدَهَا، وَأَعُوذُ
بِكَ مِنْ شَرِّ هَذِهِ اللَّيْلَةِ وَشَرِّ مَا
بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ
وَسُوءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ
عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ.

(ii)

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ ...

In the evening:

(i) 'We have reached the evening and at this very time unto Allaah belongs all sovereignty, and all praise is for Allaah. None has the right to be worshipped except Allaah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask for the good of this night and the good of what follows it and I take refuge in You from the evil of this night and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.'

...likewise, one says in the morning:

(ii) 'We have reached the morning and at this very time unto Allaah belongs all sovereignty...'

(i)

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا،
وَبِكَ نَحْيَا وَبِكَ نَمُوتُ، وَإِلَيْكَ
النُّشُورُ.

(ii)

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا،
وَبِكَ نَحْيَا وَبِكَ نَمُوتُ، وَإِلَيْكَ
الْمَصِيرُ.

(i)

'O Allaah, by your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die and unto You is our resurrection.'

In the evening:

(ii)

'O Allaah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and die and unto You is our return.'

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ
مَا خَلَقَ. (ثلاثا إذا أمسى)

'I take refuge in Allaah's perfect words from the evil He has created.' (three times)

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ ، أَوْ
بِأَحَدٍ مِنْ خَلْقِكَ ، فَمِنْكَ وَحْدَكَ
لَا شَرِيكَ لَكَ ، فَلكَ الْحَمْدُ وَلَكَ
الشُّكْرُ .

‘O Allaah, what blessing I or any of Your creation have risen upon, is from You alone, without partner, so for You is all praise and unto You all thanks.’...whoever says this in the morning has indeed offered his day’s thanks and whoever says this in the evening has indeed offered his night’s thanks

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ
خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ
وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ
شَرِّ مَا صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ
عَلَيَّ ، وَأَبُوءُ بِذَنْبِي ، فَاغْفِرْ لِي فَإِنَّهُ
لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ .

‘O Allaah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best I can, I take refuge in You from the evil of which I committed. I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sin except You.’

اللَّهُمَّ إِنِّي أَصْبَحْتُ أُشْهِدُكَ ، وَأُشْهِدُ
حَمَلَةَ عَرْشِكَ ، وَمَلَائِكَتَكَ ، وَجَمِيعَ
خَلْقِكَ ، أَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا
أَنْتَ ، وَحْدَكَ لَا شَرِيكَ لَكَ ، وَأَنَّ
مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ . (أربع مرات
حين يصبح أو يمسي)

‘O Allaah, verily I have reached the morning and call on You, the bearers of Your throne, Your angels, and all of Your creation to witness that You are Allaah, none has the right to be worshipped except You, alone, without partner and that Muhammad is Your Servant and Messenger.’
(four times in the morning and evening)

(i)
اللَّهُمَّ عَافِنِي فِي بَدْنِي ، اللَّهُمَّ عَافِنِي
فِي سَمْعِي ، اللَّهُمَّ عَافِنِي فِي
بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ . (ثلاثا)

(ii)
اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ ،
وَالْفَقْرِ ، وَأَعُوذُ بِكَ مِنْ عَذَابِ
الْقَبْرِ ، لَا إِلَهَ إِلَّا أَنْتَ . (ثلاثا)

(i)
‘O Allaah, grant my body health, O Allaah, grant my hearing health, O Allaah, grant my sight health. None has the right to be worshipped except You.’ (three times)

(ii)
‘O Allaah, I take refuge with You from disbelief and poverty, and I take refuge with You from the punishment of the grave. None has the right to be worshipped except You.’ (three times)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ
وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ. (سبع مرات
حين يصبح و يمسي)

‘Allaah is Sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.’ (seven times morning and evening)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ
الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي ، وَدُنْيَايَ
وَأَهْلِي ، وَمَالِي ، اللَّهُمَّ اسْتُرْ
عَوْرَاتِي ، وَآمِنْ رَوْعَاتِي ، اللَّهُمَّ
احْفَظْنِي مِنْ بَيْنِ يَدَيْ ، وَمِنْ خَلْفِي ،
وَعَنْ يَمِينِي ، وَعَنْ شِمَالِي ، وَمِنْ
فَوْقِي ، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ
تَحْتِي .

‘O Allaah, I ask You for pardon and well-being in this life and the next. O Allaah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. O Allaah, veil my weaknesses and set at ease my dismay. O Allaah, preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.’

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ
فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ
السَّمِيعُ الْعَلِيمُ. (ثلاثاً)

‘In the name of Allaah with those name nothing is harmed on earth nor in the heavens and He is The All-Seeing, The All-Knowing.’ (three times)

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ
السَّمَوَاتِ وَالْأَرْضِ رَبَّ كُلِّ شَيْءٍ
وَمَلِيكُهُ ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ
أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ
الشَّيْطَانِ وَشَرِّكَه ، وَأَنْ أَقْتَرِفَ عَلَى
نَفْسِي سُوءًا أَوْ أَجْرَّهُ إِلَى مُسْلِمٍ .

‘O Allaah, Knower of the unseen and the seen, Creator of the heavens and the Earth, Lord and Sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my soul and from the evil and shirk of the devil, and from committing wrong against my soul or bringing such upon another Muslim.’

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا
وَبِمُحَمَّدٍ ﷺ نَبِيًّا. (ثلاثاً)

‘I am pleased with Allaah as a Lord, and Islaam as a religion and Muhammad as a Prophet.’ (three times)

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ رَبِّ
الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا
الْيَوْمِ، فَتَحَهُ، وَنَصْرَهُ، وَنُورَهُ
وَبَرَكَتَهُ، وَهُدَاهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ
مَا فِيهِ وَشَرِّ مَا بَعْدَهُ.

We have reached the morning and at this very time all
sovereignty belongs to Allaah, Lord of the worlds. O
Allaah, I as you for the good of this day, its triumphs and
its guidance, and I take refuge in You from the evil of this
day and the evil that follows it.' (and likewise in the
evening)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ
وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ
كَلِمَاتِهِ. (ثلاثاً)

'How perfect Allaah is and I praise Him by the number of
His creation and His pleasure, and by the weight of His
throne, and the ink of His words.' (three times)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ. (مائة مرة)

'How perfect Allaah is and I praise Him.' (one hundred
times)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ
أَصْلِحْ لِي شَأْنِي كُلَّهُ وَلَا تَكِلْنِي إِلَى
نَفْسِي طَرْفَةَ عَيْنٍ.

'O Ever Living, O Self-Subsisting and Supporter of all, by
Your mercy I seek assistance, rectify for me all of my
affairs and do not leave me to myself, even for the blink of
an eye.'

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ. (مائة مرة)

'None has the right to be worshipped except Allaah,
alone, without partner, to Him belongs all sovereignty and
praise, and He is over all things omnipotent.' (one
hundred times every day)